

# 6 LEVELS DEEP EXERCISE

This is one of the most important exercises you can do to make sure that you reach that next level.

It is used to determine that ultimate driving force to accomplish anything in life.

Name: \_\_\_\_\_

Date: \_\_\_\_\_

**LEVEL 1: Why do you want to achieve your goal?** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**LEVEL 2: Why is that important to you to?** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**LEVEL 3: Why is that important to you to?** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**LEVEL 4: Why is that important to you to?** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**LEVEL 5: Why is that important to you to?** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**LEVEL 6: Why is that important to you to?** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_